NEW MEXICO CROSS COUNTRY SKI CLUB
OUTING WAIVER AND RELEASE OF LIABILITY

I am voluntarily participating in the New Mexico Cross-Country Ski Club (the NMCCSC) Activity described below (the Activity) and I am participating in the Activity entirely at my own risk. I acknowledge that this Activity may involve a test of my physical and mental limits and may carry with it the potential for death, serious injury and property loss. The risks may include, but are not limited to those caused by terrain, facilities, temperature, weather, lack of hydration, conditions of participants, equipment, vehicular traffic and actions of others, including but not limited to participants, volunteers, trip leaders, chairpersons and/or directors of the NMCCSC. I acknowledge that injuries resulting from my participation in the Activity may include, but not be limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability, economic or emotional loss and death. I understand that these injuries or outcomes may arise from my own or others' negligence conditions. Nonetheless I assume all related risk, both known or unknown to me of participating in this Activity. I also understand that neither the trip leader(s) nor any trip participant(s) is required to have any training or to have any experience or expertise with respect to any aspect of safety or first aid. I also understand and acknowledge that I am solely responsible for my own equipment, safety, first aid needs, and medical needs.

I acknowledge that I have carefully read this "Waiver and Release" and fully understand that it is a release of liability, and as consideration for the right to participate in the Activity, I, by signing this Waiver and Release, hereby for myself, my heirs, executors, administrators, assigns or personal representatives knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of or related to my participation in the Activity, and do hereby release and forever discharge the NMCCSC, its members, volunteers, directors, chairpersons, day-trip leaders and representatives, successors and assigns for any physical or psychological injury, including but not limited to illness, paralysis, death, economical or emotional loss and any damage participation in the aforementioned Activity, including traveling to and from an event related to this Activity.

Trip Name:_____Date:_____/____/____Trip Leader(s);_____
Trip description (Class, Distance, Elevation Gain);_____
_____

Printed Name Member (Y/N)	Signature	Cell Phone #	Emergency Contact Phone#