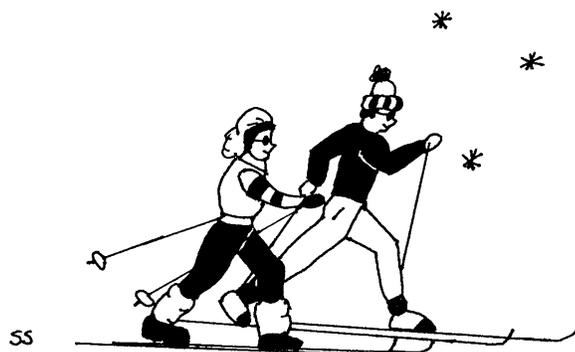


New Mexico Cross Country Ski Club

Newsletter



October 2001



Meeting Schedule for 2001-2002

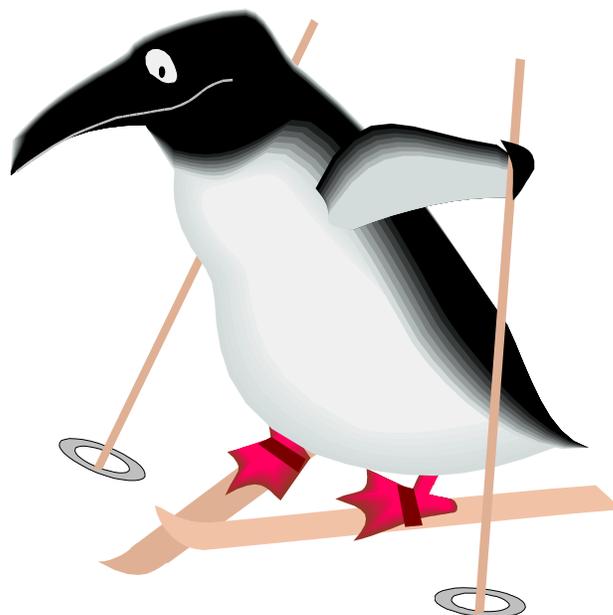
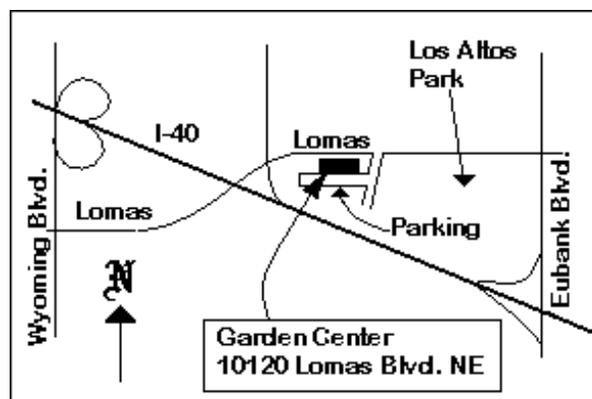
First meeting: Thursday October 18

- The October program will feature Bob Greenwald and Guy Miller giving advice on buying ski equipment. This program is directed both to new skiers and to more experienced ones who wish to upgrade their equipment.

Monthly general meetings:

October 18
November 15
December 20
January 17
February 21
March 21

Meetings are held at 7:30pm on the third Thursday of each month, October through March, at the Albuquerque Garden Club Center, 10120 Lomas NE. Look for the sign on Lomas at the entrance to the Center. Please park on the east side of the building and enter through the east entrance.



**Get your newsletter by email!
Save money for your Club!**

Printing and postage for the newsletter is the largest single item funded by your dues. *If you would be willing to skip the mailed copy and receive your newsletter only by email* (either through E-Groups or via the Editor's own e-mailing list), **please contact the Editor, or any officer.** You'll feel good, and your Club will thank you! The newsletter will be available in both Microsoft Word and Acrobat PDF formats.

Visit the NMCCSC Web site at its
new location!
www.naturediscovery.org/nmccskiclub



Beginning Cross-Country Ski Lessons

by *Guy Miller*

Beginning Lessons

The New Mexico Cross Country Ski Club will offer a class for beginning skiers. Although the class is primarily geared toward the absolute beginner, it can also be beneficial for those who have given skiing a try but feel that some amount of elementary instruction might be helpful.

The class will consist of a single two-hour classroom session and one all-day on-the-snow session. Participants must be at least 18 years of age unless approved in advance by instructor, and must be members of the club. The cost of the class is \$10.00.

Participants will learn not only the basics of skiing, but also how to be confident and comfortable, and how to enjoy skiing.

Students must be reasonably fit, and a positive attitude is essential.

The event has not been firmly scheduled yet, but we generally try to hold the classroom session after the December general meeting, but before Christmas, and the on-the-snow session is usually held as soon after New Year's Day as possible. Everything hinges on snow conditions which often cannot be predicted until just days in advance. Accordingly, you should TENTATIVELY mark your calendars for the evening of Friday, December 21 (keep the 14th and the 28th open as well) and all day of Saturday, January 12th (keep the 26th and Feb 2 open as well). Further details will be announced at the meetings and published in the newsletter.

Often new skiers don't get started until the season is half over, so if you know of someone who might be interested, have them call me NOW !!! That's one very important thing that we all need to try to do in

order to keep new members coming in.

For more information, contact Guy Miller at 294-7940. PLEASE DO NOT CALL AFTER 9:00 PM !



Help Us Find A Place To Hold Our Beginner Class

As always this time of year, I am starting to get my beginner class lined up. For the last two years, owing to poor snow conditions, our classes were small and I held class in my home. I am hoping for a large class this year, since conditions are predicted to be much improved. Although we can pay for a meeting place, it would be much better if a location could be provided at little or no cost (freebie is always preferred !!). If anyone has access to a place that would be appropriate for our ski class, or if someone has an idea that could be researched, please contact me. It could be someone's office, a teacher's classroom or other school facility, a community center, or someone who has a bigger house than I do. Please give it some thought and help our club save money. Contact Guy Miller at 294-7940. Please do not call after 9PM. Thanks !!!!!





The Word on the Long Bus Trips

Lottery System — Trip Guidelines — Trip Descriptions
this page and next

NEW SYSTEM FOR BUS TRIP SIGN-UPS by Susan Swan

*PLEASE READ THIS VERY CAREFULLY
BEFORE SENDING MONEY*

Due to the unreliability of the U.S. Mail the very popular bus trips seating has become unfair. In order to make things more fair, we are changing the way seats will be sold. This will give old members and just joining members a more even chance.

A flyer will be sent to paid members from the previous season by September 1st. (*this was done – ed.*) The flyer will show destinations, dates, costs, and deposits. This will give you a chance to check dates, talk to your friends, save your money! This will be followed by the regular News Letter in early October, which will have forms for the upcoming trips.

You must pick the trip or trips you wish to go on. Fill out a form for each trip. You must send a separate check for each deposit. You can not “lump” them together in one check. We must have your form(s) and check(s) by the Friday a week after the first meeting (i.e., October 26) As we receive the forms and deposits, we will place them in a corresponding box for that trip. If you have a roommate, put both names on the same form and both checks or one check for both of you in the same envelope. That way you will be drawn together and both be on the trip together.

On October 26 we will draw names from the boxes. There will be at least 2 board members present. Any extra people over the 42 left in the box will be drawn in order to form the waiting list for that trip. Your cancelled check is your receipt. Those on the waiting list will be called and their check will be torn up. We do not keep checks for the waiting list.

The waiting list will be worked just like it has in the past. If you do not make it on the trip I will call you and offer you a spot on the waiting list and tear up your check. It costs nothing to be on the waiting list. I do not start the waiting list until the trip is full. Most people that have to cancel out call people on the

list to sell their seat to. It is their seat and they can sell it to whomever they want. Generally, I go through the waiting list.

As always, one of the advantages of being a club officer is being able to sign up early for the trips you want and bypass the lottery. **THINK ABOUT IT!**

With this method we hope to give each of you an equal chance to go on a trip. This also allows new members a better chance to go.

There is also the option of driving yourself to the destination and skiing with us.

QUESTIONS?????

SSSwan515@aol.com
294-1720

GOOD LUCK!!!!!!



Bus Trip Guidelines

by Susan Swan

READ BEFORE SIGNING UP FOR THE TRIPS

Who may go: Paid up Club members, at least 18 years of age.

Departure: Eastdale Shopping Center – Southwest corner of Eubank and Candelaria. Park west of Bank of America. Loading begins at 5:30 PM and the bus leaves PROMPTLY at 6:00 PM.

Bus Ride: You should eat your evening meal beforehand or bring it with you to eat on the bus on Friday evening. We do not stop for dinner on Friday evening. We do make a short dinner stop on the return trip. We supply cold sodas, juices, waters, wine and beer on the bus. There is a restroom on the bus.

Luggage: Pack your skis in a ski bag. Bring one large or two small suitcases per person. Remember that there are 42 people on the bus, so space is at a premium. You may also bring a small six-pack type cooler to store food for your lunches (meat, cheese,



hard-boiled eggs, etc.) This does not mean 2 people qualify to bring a large cooler.

Hotel: Rooms are doubles with a bath. If you need a roommate, we will find one for you, of the same gender. If the hotel has room, we will have a get together before dinner, for people to meet and make announcements.

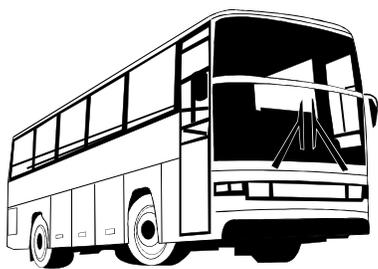
Meals: All meals are your responsibility unless stated otherwise. There is normally no cooking in the rooms; some may have refrigerators. You may bring breakfast & lunch foods in your cooler (yogurt, fruit, lunchmeats, cheese, hard-boiled eggs, etc). Be prepared to provide your own lunch in particular. The bus normally leaves about 9:00 AM to take skiers out and does not normally return until late afternoon. We may try to coordinate a bus trip to the evening meal depending on the circumstances and the proximity of the restaurants.

Skiing: We attempt to go to a variety of areas to accommodate beginning to advanced skiers. There may be set-track areas or downhill skiing available also but our main pursuit is cross-country skiing. Please be sure, when skiing, to ALWAYS SKI WITH A PARTNER.

Clothes: Casual, warm and layered are the key words. We often walk to dinner also, so bring warm clothes for evenings.

Cost: The cost of the trip is derived from the estimated cost of the bus, hotel, drinks, snacks and bus driver's tip divided by the number of people on the trip. Once you have paid your deposit, you are on the trip. Payments are not refundable: if you cannot go on the trip, you must find a substitute and settle the payment with that person. I will give you names off the waiting list. (But, it is your trip and you can sell it to anyone you want as long as they are 18+ and a paid member of the club.

Waiting List: Once a trip is full, a waiting list will be started. It costs nothing to be on the waiting list and you have a good chance of going. Invariably, a number of people need to cancel before the trip, some at the last



minute, and need someone to buy their seat on the bus. Keep that weekend open on your calendar!



BUS TRIP DESCRIPTIONS

By Susan Swan

Telluride CO	Jan. 18-21, 2002	\$195.00
	\$100.00 deposit	
Taos NM	Feb. 1-3, 2002	\$135.00
	\$ 50.00 deposit	
Ouray CO	Feb. 15-18, 2002	\$185.00
	\$100.00 deposit	

Telluride is always a very popular trip. It offers a lot of independence. There is a prepared track at the top of the ski mountain. There is also a lovely, easy ski loop around the town along the river. The bus will also go out to ski the Lizard Head Pass area everyday. For those of you who have been on the trips before, the rooming will be different this year. We will be staying in the Viking Lodge Condos rather than the Tom Boy. The condos are multi-bedroom and baths. It won't be the same as having your own room and bath. But we will have full kitchens and fireplaces and be closer to town. Telluride has wonderful restaurants and great shopping, but is expensive. So having a full kitchen will save some money by being able to have breakfast and make lunch and splurge on dinner!!!

Taos is New Mexico's premium ski area. There is also excellent cross-country skiing. It was exceptional last time we were here with tons of snow. We are staying about 4 blocks north of the plaza. These are nice large rooms with 2 queen beds each. They also supply a continental breakfast. It was very nice last visit. Hopefully it will be as good this time. I don't have to tell you about the restaurants and shopping!!!!

Ouray has always been a favorite. It is a very picturesque little town that is practically empty in the winter. Which means there aren't a lot of restaurants open but a lot of sight seeing. Many historic buildings, ice climbing one block behind our hotel, natural hot tubs on the hillside (we have seen deer there). Skiing at Red Mountain Pass is beautiful and challenging, along with several other favorite ski areas. We will have regular hotel rooms, with no extras.



*Reservation-request and Payment Slips
for
Long Bus Trips*

See instructions in Long Bus Trips article.

TELLURIDE

NAME: _____
ROOMMATE _____
PHONE Home _____ Work _____
ADDRESS _____
SIGNATURE _____

Telluride
DEPOSIT \$100.00 due now
BALANCE \$95.00 due Nov. 15
Retain this section for your records

TAOS

NAME _____
ROOMMATE _____
PHONE Home _____ Work _____
ADDRESS _____
SIGNATURE _____

Taos
DEPOSIT \$50.00 due now
BALANCE \$85.00 due Jan. 1st, 2002
Retain this section for your records

OURAY

NAME _____
ROOMMATE _____
PHONE Home _____ Work _____
ADDRESS _____
SIGNATURE _____

Ouray
DEPOSIT \$100.00 due now
BALANCE \$85.00 due Jan. 13, 2002
Retain this section for your records

New Mexico Cross Country Ski Club Membership Form

Dues are \$15.00 per year effective from October through November of the following year, covering all members living at the same address. For renewal, dues must be paid by the November meeting to receive the newsletter continuously.

Send membership form and dues to:
New Mexico Cross Country Ski Club
P.O. Box 8425
Albuquerque, NM 87198-8425

Year 20__-20__ If new, how did you hear about the club?
Renewal ___ New ___ Web site ___ Current member ___
Change of address: No ___ Yes ___ Yellow pages ___ Newspaper ___
Other _____

First Name _____ Last Name _____ Phone: _____

Address _____ City _____ State _____ Zip + 4 (please) _____

E-mail address (needed for E-Group access) _____

Additional ADULT names (include children 18 & older):

First & Last Name _____ First & Last Name _____

Additional family member names under 18 and ages: _____

The membership list will be printed in a newsletter during the year. Please indicate if you want to be included in this:

Yes ___ No ___ Yes, but omit my address ___ Yes, but omit my phone number ___

★ I would prefer to have my newsletter emailed rather than sent via the Post Office. ___ (This can save the Club money.)

RELEASE OF LIABILITY:

I know and expressly assume the risk that a cross country skiing activity scheduled by the New Mexico Cross Country Ski Club, a New Mexico nonprofit corporation, may be dangerous or hazardous, and may result in loss or damage of property, physical injury, or even my death. I understand that neither the trip leader nor any trip participants are required to have any training or to have any experience or expertise with respect to any activity or in any aspect of safety or first aid.

With full knowledge of these dangers, I RELEASE the New Mexico Cross Country Ski Club and its officers, directors, members, vehicle drivers, leaders, trip participants, guides, representatives, employees, or agents (collectively, The "NMCC Ski Club") from liability, claims, or demands and agree NOT TO SUE OR OTHERWISE MAKE ANY CLAIM against the NMCC Ski Club that may arise during my participation in any activity.

This RELEASE OF LIABILITY will be effective whether or not any loss, damage, injury, or death RESULTS FROM THE NEGLIGENCE of the NMCC Ski Club. I understand that negligence means a failure to do an act which a reasonably careful person would do, or the doing of an act which a reasonably careful person would not do, under the same or similar circumstances, to protect himself, herself, or others from injury or death. I expressly assume the risk of loss, injury, or death suffered by me as a result of participating in any activity. I am voluntarily participating in the activity. I am solely responsible for my own equipment, safety, first aid needs, and medical needs. I will take every precaution to provide for my own safety and well-being while participating in any activity.

This release is binding on me, my heirs, and my personal representatives. I HAVE READ THIS RELEASE BEFORE SIGNING IT.

Signature _____ Date _____ Signature _____ Date _____

Signature _____ Date _____ Signature _____ Date _____

IF UNDER 18 YEARS OF AGE, PARENT OR GUARDIAN MUST READ AND SIGN BELOW:

I am the legal guardian of the above minor and have read the above RELEASE. I hereby consent to the terms of the RELEASE on behalf of the named minor(s) and give my consent to the participation of the above named minor(s) in all activities of the NMCC Ski Club on the terms stated.

Signature _____ Date _____
(Parent or Legal Guardian)

The NMCC Ski Club operates by the volunteer efforts of all of its members, so we appreciate and need help with programs, committees and outings. Please indicate the activities in which you may be willing to participate. This is an indication of interest, not a commitment!

Day Trip Leader ___ Refreshments ___ Trail Maintenance & Development ___ Club Officer/Board Member ___

Program Presentation & Subject _____ Other _____

_____ Date Dues Received ___ Paid in Cash ___ Paid by Check ___ Check Number _____



A Message from Day Trips

by *Mike Martin*

Please contact me if you are interested in leading a day trip, even if it will be farther into the season. If you have never led a trip but would like to, call me and I can assist in selecting an area or providing how-to's on trip leadership. Remember, each time you lead a trip your name is added to the hat for a free bus trip drawing.

Keep reading the newsletter for upcoming trips and think snow! All trips are dependent on snow conditions, so please contact the trip leader to check for changes/cancellations. Trips must be submitted by the first Thursday of the month for the next month's newsletter.

Trips can be sent to me via:

Mail: Mike Martin
3920 Lafayette Dr NE
Albuquerque, NM 87107

E-mail: michael.martin@kirtland.af.mil

Phone: 872-9268 (H)
846-2273 (W)



Ski Trail Maintenance Schedule

Saturday Oct. 20 Cross Country Ski Trails on Sandia Mountain

Leader: Sam Beard, 828-0673

We will cut fallen trees and prune branches on Challenge Trail, short trails near Nine-Mile Picnic Ground, and possibly parts of 10K Trail. Wear long pants, long sleeve shirt, hat, and hiking boots. Bring rain gear, work gloves, lunch, snacks, drinks, and sunscreen. Tools will be provided. It could be cool this late in October, so bring a warm jacket or parka. We will hike about 2 to 4 miles.

Meet at 8 AM at the Well Fargo Bank in the shopping center at the NE corner of Central and Juan Tabo, NE.



Ski Slope Practice Sessions

Nov 3 – Dec 9 or 15 practice sessions at Santa Fe and Sandia

Leader: Roe Maier, 869-2928

Go to the Santa Fe and Sandia ski areas and use their groomed slopes before the ski areas open. This will permit working on techniques for skiing down the hill. This practice will also condition those who attend regularly, for each down hill run requires an uphill climb. By staying in sight of the cars, we can tailgate lunch. The organization will be informal, skiing in groups of two or more. Meet at the Bank of America at San Mateo and Academy at 8:00am and car pool to Santa Fe. When Sandia has adequate snow, we will meet at Smith's, Tramway and Central, at 9:00am.



Thanksgiving Cross-Country Celebration

November 21-25 (Wed-Sun) Wolf Creek Pass

Leader: Bill Davey 266-0167
809 Hermosa NE
Albuquerque 87110
wrdavey@unm.edu

All Classes

Car: 500 miles

Come along for our time-honored tradition of celebrating both Thanksgiving and the start of the ski season at the Davidson's B&B in Pagosa Springs, Colorado. The snow is always great near Wolf Creek Pass (in a bad snow year we hiked to the wilderness hot springs along the West Fork). Instead of hassling with a caterer, let's have a big potluck dinner on Thursday after a half day (or full day if you arrive sometime Wed.) of skiing in the afternoon. Leader will make arrangements for the turkey. Long day skis on both Friday and Saturday with an optional additional half day on Sunday. Eat out or use the Davidson's kitchen to cook your own meal on the other nights. Soak in the various hot tubs nearby after a hard day on the trails.

Limited to 15 members. My children and 2 grandchildren will also come. The total cost will be \$90 including the best breakfasts you'll ever eat. Come for either 3 or 4 nights at the same cost per person. *The trip is currently full but a waiting list is being compiled. If you wish to be added, please send me an email or write me a note (best not to leave phone messages in this case). I will answer only after November 14 when I return to the country.*

New Mexico Cross Country Ski Club
 PO Box 8425
 Albuquerque, NM 87198-8425

PRSRT STD
 U.S. Postage Paid
 Albuquerque, NM
 Permit No. 1018

Return Service Requested

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**NEW MEXICO CROSS COUNTRY SKI CLUB
 2001-2002 OFFICERS AND COMMITTEE CHAIRS**

Officer Position	Name	Phone	Email Address
President	Bob Swan	294-1720	BobSwanABQ@aol.com
Vice-President	Katie Crawford	254-2255	katiecrawf@aol.com
Secretary	Yolanda Ploor	822-8650	yploor5@aol.com
Treasurer	Don Mullen	294-1202	mullendl@aol.com
Committee Chairs			
Membership	Carol Mochel & Jim Deal	255-4890	cmochell@aol.com
Mailing Labels	Jean Hanson	298-5234	jh87111@worldnet.att.net
Newsletter – Editor	Lester & Sharon Byington	286-9100	lester@byington.org
Newsletter – Mailing	Dianne Cress	298-0085	peakbag@nmia.com
Programs	John Thomas	298-5234	jt87111@worldnet.att.net
Refreshments	Louise Broadbent Phyllis Pryor	829-3840 844-4572	louise@sulphurcanyon.com ppryor8@home.com
Day Trips	Mike Martin	872-9268	michael.martin@kirtland.af.mil
Long Trips	Susan Swan	294-1720	SSSwan515@aol.com
Webmaster	<i>vacant</i> (interim: Lester Byington)		
Instruction	Guy Miller	294-7940	Xcskiboy@aol.com
Trails	Sam Beard Roger Breeding	828-0673 844-1532	Edwina42@aol.com Noreen@spock.unm.edu
Overnight Car Trips	Jon McCorkell	260-0706	peakbag@nmia.com
E-Groups Administrator	Debbie O’Callaghan	266-0713	docalla@qwest.net