

# New Mexico Cross Country Ski Club

November 2006



[www.naturediscovery.org/nmccskiclub](http://www.naturediscovery.org/nmccskiclub)

## From the President:

I haven't actually seen a snowflake at my house yet (7100' elevation), but I know they're near. I can smell 'em. My neighborhood association is building trails later in November to maintain access to the Manzanito Mountains. I'll be assisting to ensure that the switchbacks can accommodate a cross country skier as well as a horse or mountain bike. Speaking of trails, please volunteer to help Sam Beard maintain the cross country ski trails in the Sandia and Jemez Mountains. These jewels serve not only our club members, but a bunch of other locals who like to ski and snowshoe.

The club is also looking for volunteers to check in gear at Winterfest, this is a great opportunity to hand out flyers and introduce our club to fellow skiers. Winterfest this year is 4-5 November at Expo New Mexico; we need volunteers to staff shifts from 10:00-1:00 and 1:00-4:00 on that Saturday and Sunday. Please contact Ruth Bargman-Romero at 842-9735 if you can help

Applications for the bus trip lottery are starting to filter in. Remember, you have until the November 9<sup>th</sup> General Meeting to get them in and after that we hold the drawing and the waiting list forms. Louise Broadbent and Ray and Thea Berg have lined up some primo trips this year. please see the descriptions in this newsletter. Bill Heitz and Guy Miller are also patiently waiting for your day and overnight trips to flood their inbox. Please don't let them down!

*Mike*

## Get Ready!!!

1. Attend Next Meeting **Thursday Nov 9 7:30**

2. Renew Your Membership **NOW**. Form attached. Your mailing label should say '06-'07. *This is the last newsletter if you don't renew.*



3. Elect to receive future **newsletters via the Web**. Make this election on your membership form or contact **Gene Lisotto@msn.com** to modify your choice!

4. **Play the bus trip lottery!!!** Louise must **receive** your registration by Nov 7<sup>th</sup> or bring it to the Nov 9<sup>th</sup> meeting.



## November Program:

"Telemarking Tips"  
Guest Speaker Guy Dahms

## WAXLESS SKIS DOMINATE YELLOWSTONE GLIDE COMPETITION

By Lester Byington

We held an impromptu glide competition one day during the Club's wonderful 2006 Yellowstone trip. Julianne Baker, our leader from the Yellowstone Association Institute, set up a course down the nose of a ridge with a clear runout at the bottom. The procedure was to get a running start, then tuck and glide in the tracks until you stopped. Competitors included our members plus two YAI leaders.

The winner was one of the Club's premier skiers, but the interesting news was that *all* of the top three finishers were using waxless skis, including one of the YAI skiers. The winner attributed the poor showing of the waxable skis to the drag caused by the kick wax, exacerbated by the fact that most of the waxable skis also had metal edges. (Metal-edged skis tend to glide poorly, due to poor camber over the wax pocket and their large width.) (Editors Note: Any members having a different view on this are welcome to submit their own article!)



Photo by Julianne Baker Bill Davey in Yellowstone Glide Competition

### On the Mend

Wayne thanks everyone for thinking of him while he was in the hospital. Even though he is home now, he'd enjoy some company! He is getting around quite well on crutches & has started lifting weights in preparation for spring skiing!



'06-'07 Calendar  
of Events  
Will Soon Be  
Posted on the  
Web

### BEGINNER SKI CLASS

By Guy Miller 294-7940 or [xcskiboy@aol.com](mailto:xcskiboy@aol.com)

Time is marching on, and those who have thought about taking the beginner lessons need to get moving! This is a once a year deal. The idea is to get your lesson at the beginning of the ski season so you can spend the rest of the season practicing what you've learned. It's starting to look like an early winter with lots of snow coming soon, so if you've ever wanted to learn to cross-country ski, this may well be the year for it. Instruction is provided for Club Members only.

The 2 hour classroom session will be held on Saturday December 16, 2006. Depending on snow, we're hoping to be able to do the on-the-snow session on Saturday, December 30. The class is geared toward the absolute beginner skier, but is also appropriate for those who have done some limited skiing, but feel they could benefit from some guidance.

Contact me for further information.

### AVALANCHE TRAINING SCHOLARSHIPS

The NMCCSC is offering four \$200 scholarships for the Level I avalanche safety courses at the Silverton Avalanche School. Contact Mike Martin at [micheal.martin@kirtland.af.mil](mailto:micheal.martin@kirtland.af.mil) and 846-2273 (W) or [pahasapapapa@aol.com](mailto:pahasapapapa@aol.com) and 286-8762 (H) for scholarship application details. The classes fill quickly as winter approaches, details are at [www.silvertonavalancheschool.com](http://www.silvertonavalancheschool.com) or contact them at 970-759-8691. Dates for the courses are 19-21 or 26-28 January 2007. The tuition is \$210.

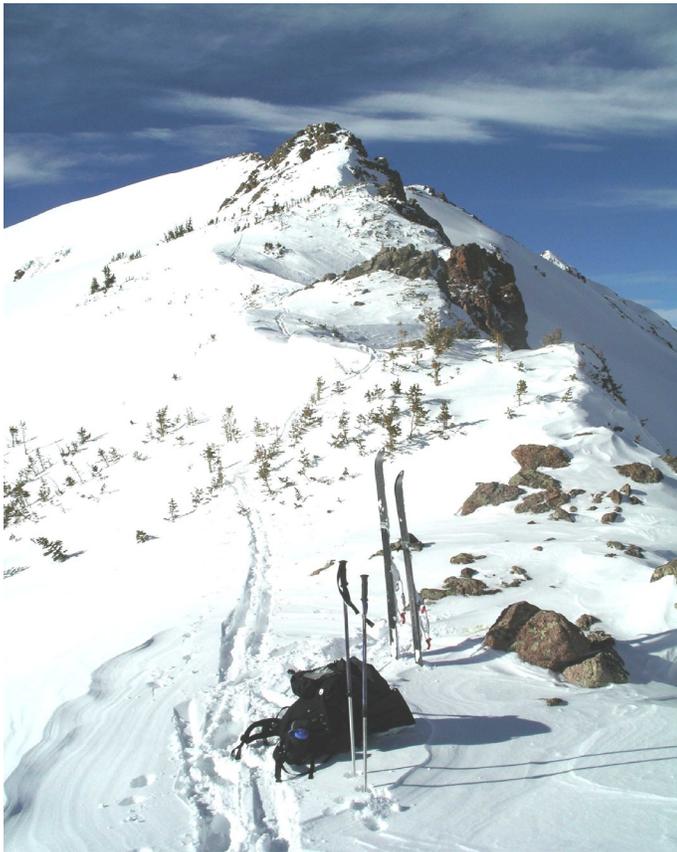


Photo by Mike Martin Silverton '06 Black Bear Peak

## **PRE-SEASON SKI PREPARATION**

By Lester Byington, Mike Martin, Guy Miller, Editor

Before you bag your skis up for the first trip, it *might* be a good idea to see what kind of condition you left them in last year. Remember that rock that you *didn't* slide over, or maybe a constant wrestling match with the one binding?

Equipment maintenance falls into one of those 'religious' categories with a lot of fanatical emotions about 'right' and 'wrong'. Although this article has been reviewed by three seasoned members of the club, it is not 'gospel'. We just want to get you thinking about your equipment, and possibly even get you to take advance action. An option, of course, is to have your skis 'tuned-up' at a repair shop which should include base realignment/sanding, fixing gouges, and filing edges. However, many avid skiers perform their own maintenance.

1. Inspect the ski base looking for gouges. Pitex is the standard base repair product that comes in stick form about the size of a pencil. You can heat it with a torch (even a cigarette lighter) to melt it like wax so that it flows into the gouges in the base of the ski. Once you've filled in the gouges, you can scrape off the excess with an exacto blade.
2. If your skis have metal edges, look for places where the edge is separating from the base. Epoxy and a hammer might get you through a few more trips. However, this should be monitored constantly. No known reliable, ski shop repair is available, and

perhaps you should start a savings account for new skis.

3. Flex your skis (gently, don't break them). Perform the same stress exercise on each ski, and compare the feel. If you sense something different, the last graceful swan dive you took may have caused structural damage to the skis. You may be one more fall away from a broken tip or tail. Either problem can make a 5 mile trip back to the trailhead a real experience. Have a ski repair shop evaluate. Perhaps consider buying an emergency replacement tip for your pack -- even if you are confident that 'old Helga' would never let you down.
4. Evaluate your bindings.
  - a. Wiggle the attachment points to the ski. If you have movement, you may have loosened the screws. This might explain why one of your skis 'wanders' on straight kick-and-glide sections of the trail.
  - b. **Be careful**; don't create a problem by loosening the glue on perfectly tight screws. Loose screws should be removed, re-glued, and tightened in place. Note, some feel carpenters glue (high grade wood glue) may be a better choice than epoxy.
  - c. Although the screws that fasten the bindings look like a standard Phillips head screw, they are NOT. You may want to carry a "binding buddy" tool (\$10.00). Also, in your emergency repair kit, you may want to carry spare screws and some steel wool. In the event that you lose a screw (so to speak), you can stuff steel wool into the hole and insert a replacement screw. Tighten with the binding buddy, and that will be sufficient to get you back to the trailhead.
  - d. If the hole is stripped, consider moving the bindings further forward or backward on both skies by drilling new holes. **Be careful**, some skis are quite sensitive to binding placement; and this repair may degrade edging ability or smooth tracking. If you have stripped the holes before, consider a different style of bindings that might better distribute the 'G forces' you are generating.
  - e. Check the mechanical mechanism of the bindings.
5. Clean your ski base. This is rarely necessary, but if you have been traveling through pine needles or pollen, you may want to remove the residue using a liquid wax remover. Remove the wax from the entire length of wax skis, and reapply a universal base wax with iron and wax scraper. For waxless skis, clean the entire ski, but reapply a glide wax only to the tips and tails.

So give your equipment a little TLC, otherwise it could be a long way back to the trailhead....

## 2007 Bus Trips

Sign-Up System – Trip Guidelines - Trip Descriptions  
By Louise Broadbent

### How to Sign Up for the Bus Trips

Enclosed in this newsletter you will find a registration form.

- 1) You must be a Club Member at least 18 years of age to sign up for bus trips.
- 2) Fill out the registration form for each trip. (Received by mail no later than November 7 with drop dead cutoff at the November 9 meeting).
- 3) A separate check for each trip must accompany the registration. (The mailing address is on the registration form. Do not use the club's PO Box.)
- 4) Keep a record & send another check when the balance is due for each trip.
- 5) **If you want a specific roommate, you must register on one form and send your deposits together.**
- 6) Single members who are drawn will be paired with other same gender singles. If your name could be either gender (example – Chris), please indicate Ms. or Mr.
- 7) Payments are not refundable: If you cancel you must find a substitute and settle the payment with that person. You will be given names in the "Reserve Pool".

If demand for bus trip seats exceeds our supply of seats, we will hold a lottery drawing on **November 10<sup>th</sup>** to determine who is on the trip. Board members have first priority to sign up for trips as an incentive to serve this organization. There will be at least 3 board members present at the drawing. Lottery results will be sent out by an eGroup message within two weeks of the drawing. After all seats for a trip are filled, we will place the remaining registrations in a "Reserve Pool". **It costs nothing to remain in "Reserve" status.** In the past, we have been quite successful making trips available to many members in the "Reserve". In case someone cancels at the last minute, keep that weekend open on your calendar!! I will keep your registration and **uncashed check** unless you notify me that you are no longer interested in that trip. Most often when members cancel, they sell their seat to someone in "Reserve". However, it is their seat and they may sell it to anyone who is over 18, same sex, and a member of the club.

### Bus Trip Guidelines

#### READ BEFORE SIGNING UP FOR THE TRIPS

**Departure:** Buses depart from the Lowes' parking lot near I-25 on Paseo Del Norte. I will be in the parking lot one hour before departure to pass out boarding passes in the order of your arrival. You will only be able to reserve one seat per pass. The bus will board ½ hour before the scheduled departure time.

**Bus Ride:** The club supplies cold sodas, water, wine and beer on the bus. There is a restroom on the bus.

**Luggage:** Pack your skis in a ski bag. You are allowed one large or two small suitcases per person. **Cargo area is at a premium so please be considerate of others.** You may bring a six-pack type cooler if it fits under your seat.

**Meals:** Meals are provided as outlined in each trip description. All other meals are your responsibility. No cooking is allowed in hotel rooms. You may bring breakfast & lunch foods in your cooler. You must bring your own food and water when going out to ski. On ski days, the bus normally leaves the hotel at 8:00 or 9:00 a.m. and returns to the hotel in the late afternoon.

**Cost:** The cost of the trip is derived from the estimated cost of the bus, hotel, drinks, snacks, included meals, club surcharge, and bus driver's tip, divided by the number of people on the trip. Once you have paid your deposit you are on the trip. The balance is due by the dates given on the trip registration form.



Photo by Louise B Silvertown '05 Ironton

### Skiing:

All of our bus trips go to areas that accommodate beginning to advanced skiers. There may be set-track areas or downhill skiing available, but our main pursuit is cross-country skiing.

For the first two bus trips, we have listed some of the trails. We will continue to research more trails so that we have more choices at each of the sites. There will be leaders for trips at each level for which there is interest. **NEVER SKI ALONE**, unless you are at a Nordic Center. The level of difficulty & reliability of the trails is very dependent on current weather conditions. Warm weather may make some trails difficult to use while significant snowfall may force closure of some trails due to avalanche danger. We assess the available trails and

snow conditions daily as we get close to the event to be sure conditions are safe. Be sure to attend the après ski parties and check the hotel lobby for schedule changes and announcements.

**Telluride Ski Trails**

- 30 km of prepared track
- Lift to trails at the top of the mountain (need ticket)
- Trail around town
- Trail along San Miguel river
- Track around Telluride Golf Course
- Trails at Lizard Head Pass

**Silverton Ski Trails**

- Trails at Red Mountain Pass
- Ophir Pass
- South Mineral Creek (Campground)
- Animas River trail to Howardsville
- Aspen Town Loop
- Trails at Andrews Lake
- Trails at Molas Pass

**2007 Bus Trip Descriptions**

**Telluride** has been in high demand for several years. We will be leaving on a Thursday afternoon and returning on Sunday night. This will give you three days of skiing in one of the most beautiful mountain towns in Colorado. We will be staying in the heart of Telluride. The town has many wonderful restaurants and lots of shopping. There is a Nordic area at the town park. Last year they groomed a connecting trail to the Idarado Legacy Trail which offers an additional 5 K of groomed trails right from town. There is also a Nordic area at the top of Telluride Mountain which can be accessed from Lift 10. They offer a one time lift pass for Nordic skiers to access the ski trails. The bus will go out to Lizard Head Pass which offers many different levels of ski options for back country skiing. The trip will include a wine and cheese party each evening and your dinner on the way to Telluride.

The **Silverton** trip provides a great skiing experience for a bargain price. Last year's group voted overwhelmingly that the club should return again! The hotel is old and rustic with lots of character. The owner is great and will try hard to make us happy. Silverton, like all of Colorado, has a fair amount of avalanche activity. Trip planning and safety are extra important. If the snow level is below 9000 feet, which it usually is, there will be lots of ski options for all levels of skiers. For the Beginners, there is a shared snowmobile and ski trail that circles the town and continues up the scenic Animas River. The local snowmobile club grooms 125 miles of multi-use trails. Your trip will include three huge breakfast buffets and one dinner. Silverton does not have lots of gourmet dinner options, but the atmosphere more that makes up for it!

The **Leadville** trip will be a great opportunity for both skiing and making friends. **This is a repeat trip – we loved it last time!!** We will provide an enhanced continental breakfast every morning and a social hour with lots of great food and drink both Friday and Saturday evenings. This is a good trip for beginner skiers as well as advanced skiers. The Mineral Belt Trail is a bike trail that surrounds the town of Leadville. It becomes a ski trail in the winter and is easily accessible from our hotel. The Piney Creek Nordic area is located at Ski Cooper which is also the starting point for other back country ski trips. There will be plenty of Intermediate & Advanced back country ski options as well.

**Winter Park, Feb 28 – March 7, and Yellowstone, Jan 29 – Feb 4**, trips are closed due to early registration requirements. See June Newsletter on Web Page for details. Winter Park is five days including travel, four nights at Snow Mountain Ranch, and three full days of skiing. The price is \$430 and includes all meals except lunch. Yellowstone includes three days skiing at Mammoth and two days at Old Faithful. Cost is estimated to be around \$1,800 including airfare.

These are both excellent trips, and **there may well be an opportunity to go if you are in the Reserve Pool.** Contact Louise for Winter Park or Ray for Yellowstone for Reserve Pool information.



*Photo by Louise B Silverton '05 Ironton*

**Send Trip Checks to: Louise Broadbent 367 Horseshoe Loop, Jemez Springs, NM 87025**

**Telluride Colorado - Thursday January 4<sup>th</sup> 2 PM returning Sunday January 7<sup>th</sup> 9 PM- Cost \$270 per person**

Trip includes dinner in route, bus transportation, & 3 nights lodging.

Deposit due with registration **\$170**                      Balance **\$100** due December 10, 2006

Name \_\_\_\_\_ Home Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_

Email address \_\_\_\_\_ Emergency contact and ph# \_\_\_\_\_

Dinner choice: Shrimp Caesar Salad \_\_\_\_\_ Oriental Chicken Salad \_\_\_\_\_ Cowboy Burger \_\_\_\_\_ Turkey & Bacon Ciabatta \_\_\_\_\_

Ski Ability:                      Beginner \_\_\_\_\_ Class One \_\_\_\_\_ Class Two \_\_\_\_\_ Class Three \_\_\_\_\_

Roommate Name \_\_\_\_\_ Home Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_

Email address \_\_\_\_\_ Emergency contact and ph# \_\_\_\_\_

Dinner choice: Shrimp Caesar Salad \_\_\_\_\_ Oriental Chicken Salad \_\_\_\_\_ Cowboy Burger \_\_\_\_\_ Turkey & Bacon Ciabatta \_\_\_\_\_

Roommate Ski Ability: Beginner \_\_\_\_\_ Class One \_\_\_\_\_ Class Two \_\_\_\_\_ Class Three \_\_\_\_\_

Would you be willing to lead a ski trip in **Telluride**? Yes \_\_\_\_\_ No \_\_\_\_\_ Maybe \_\_\_\_\_

**Silverton Colorado - Friday January 12<sup>th</sup> 5 PM returning Monday January 15<sup>th</sup> 9 PM - Cost \$200 per person**

Trip includes 1 dinner, 3 breakfast buffets, transportation & 3 nights lodging.

Deposit due with registration **\$100**                      Balance **\$100** due December 10, 2006

Name \_\_\_\_\_ Home Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_

Email address \_\_\_\_\_ Emergency contact and ph# \_\_\_\_\_

Dinner choice: Salmon \_\_\_\_\_ BBQ Ribs \_\_\_\_\_ Stuffed Chicken Breast (feta and sun dried tomato) \_\_\_\_\_

Ski Ability:                      Beginner \_\_\_\_\_ Class One \_\_\_\_\_ Class Two \_\_\_\_\_ Class Three \_\_\_\_\_

Roommate Name \_\_\_\_\_ Home Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_

Dinner choice: Salmon \_\_\_\_\_ BBQ Ribs \_\_\_\_\_ Stuffed Chicken Breast (feta and sun dried tomato) \_\_\_\_\_

Email address \_\_\_\_\_ Emergency contact and ph# \_\_\_\_\_

Roommate Ski Ability: Beginner \_\_\_\_\_ Class One \_\_\_\_\_ Class Two \_\_\_\_\_ Class Three \_\_\_\_\_

Would you be willing to lead a ski trip in **Silverton**? Yes \_\_\_\_\_ No \_\_\_\_\_ Maybe \_\_\_\_\_

**Leadville Colorado- Thursday February 8<sup>th</sup> 2 PM returning Sunday February 11<sup>th</sup> 9 PM- Cost \$225 per person**  
 Trip includes dinner in route, 2 cocktail parties, continental breakfasts, transportation, 3 nights lodging.

Deposit due with registration **\$125**                      Balance **\$100** due January 1, 2007

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email address \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone \_\_\_\_\_

Ski Ability:                      Beginner \_\_\_\_\_ Class One \_\_\_\_\_ Class Two \_\_\_\_\_ Class Three \_\_\_\_\_

Roommate \_\_\_\_\_ Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email address \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone \_\_\_\_\_

Roommate Ski Ability: Beginner \_\_\_\_\_ Class One \_\_\_\_\_ Class Two \_\_\_\_\_ Class Three \_\_\_\_\_

Would you be willing to lead a ski trip in **Leadville**? Yes \_\_\_\_\_ No \_\_\_\_\_ Maybe \_\_\_\_\_

***(Please see the Newsletter for more details and our trip cancellation policy.)***

# New Mexico Cross Country Ski Club Membership Form

Send membership form and dues to:  
N M Cross Country Ski Club  
P.O. Box 8425  
Albuquerque, NM 87198-8425

Dues are \$15.00 per year effective from October through November of the following year, covering all members living at the same address. For renewal, dues must be paid by the November meeting to receive the newsletter continuously.

Year 20 06 -20 07 If new, how did you hear about the club?  
Renewal \_\_\_\_\_ New \_\_\_\_\_ Web site \_\_\_\_\_ Current member \_\_\_\_\_  
**Any changes (email, phone, address, ...)??** Yellow pages \_\_\_\_\_ Newspaper \_\_\_\_\_  
No \_\_\_\_\_ Yes \_\_\_\_\_ Other \_\_\_\_\_

Cell/other Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Home Phone: \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 (please) \_\_\_\_\_

E-mail addresses (up to 3) \_\_\_\_\_

Additional ADULT names (include children 18 & older):

First & Last Name \_\_\_\_\_ First & Last Name \_\_\_\_\_

Additional family member names under 18 and ages: \_\_\_\_\_

The membership list will be printed in a newsletter and will appear in the members-only (password protected) section of the Web site. Please indicate if you want to be included in this:

Yes \_\_\_\_\_ No \_\_\_\_\_ Yes, but omit my address \_\_\_\_\_ Yes, but omit my phone number \_\_\_\_\_ Yes, but omit my email address \_\_\_\_\_

★ I will download my newsletter from the Web site rather than having it mailed. \_\_\_\_\_ (This saves the Club money.)

## RELEASE OF LIABILITY:

I know and expressly assume the risk that a cross country skiing activity scheduled by the New Mexico Cross Country Ski Club, a New Mexico nonprofit corporation, may be dangerous or hazardous, and may result in loss or damage of property, physical injury, or even my death. I understand that neither the trip leader nor any trip participants are required to have any training or to have any experience or expertise with respect to any activity or in any aspect of safety or first aid.

With full knowledge of these dangers, I RELEASE the New Mexico Cross Country Ski Club and its officers, directors, members, vehicle drivers, leaders, trip participants, guides, representatives, employees, or agents (collectively, The "NMCC Ski Club") from liability, claims, or demands and agree NOT TO SUE OR OTHERWISE MAKE ANY CLAIM against the NMCC Ski Club that may arise during my participation in any activity.

This RELEASE OF LIABILITY will be effective whether or not any loss, damage, injury, or death RESULTS FROM THE NEGLIGENCE of the NMCC Ski Club. I understand that negligence means a failure to do an act which a reasonably careful person would do, or the doing of an act which a reasonably careful person would not do, under the same or similar circumstances, to protect himself, herself, or others from injury or death. I expressly assume the risk of loss, injury, or death suffered by me as a result of participating in any activity. I am voluntarily participating in the activity. I am solely responsible for my own equipment, safety, first aid needs, and medical needs. I will take every precaution to provide for my own safety and well-being while participating in any activity.

This release is binding on me, my heirs, and my personal representatives. I HAVE READ THIS RELEASE BEFORE SIGNING IT.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

## IF UNDER 18 YEARS OF AGE, PARENT OR GUARDIAN MUST READ AND SIGN BELOW:

I am the legal guardian of the above minor and have read the above RELEASE. I hereby consent to the terms of the RELEASE on behalf of the named minor(s) and give my consent to the participation of the above named minor(s) in all activities of the NMCC Ski Club on the terms stated.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Legal Guardian)

The NMCC Ski Club operates by the volunteer efforts of all of its members, so we appreciate and need help with programs, committees and outings. Please indicate the activities in which you may be willing to participate. This is an indication of interest, not a commitment!

Day Trip Leader \_\_\_\_\_ Refreshments \_\_\_\_\_ Trail Maintenance & Development \_\_\_\_\_ Club Officer/Board Member \_\_\_\_\_

Program Presentation & Subject \_\_\_\_\_ Other \_\_\_\_\_

\_\_\_\_\_ Date Dues Received \_\_\_\_\_ Paid in Cash \_\_\_\_\_ Paid by Check \_\_\_\_\_ Check Number \_\_\_\_\_

## 2006/07 Officers and Board

<b>President</b>	<b>Mike Martin</b>	<b>286-8762</b>	<b>Pahasapapapa@aol.com</b>
<b>Vice President</b>	<b>Wayne Kirkby</b>	<b>898-1654</b>	<b>ski1071607@aol.com</b>
<b>Secretary</b>	<b>Karen Leach</b>	<b>281-9836</b>	<b>KarenLeach7@msn.com</b>
<b>Treasurer</b>	<b>David Floor</b>	<b>822-8650</b>	<b>dpl505@comcast.net</b>
<b>Day Trips</b>	<b>Bill Heitz</b>	<b>898-3573</b>	<b>bill.heitz@att.net</b>
<b>Long Bus Trips</b>	<b>Louise Broadbent Ray &amp; Thea Berg</b>	<b>505-829-3840 294-4112</b>	<b>louise@valornet.com rsberg01@comcast.net</b>
<b>Overnight Car/Hut Trips</b>	<b>Guy Miller</b>	<b>294-7940</b>	<b>xcskiboy@aol.com</b>
<b>Newsletter</b>	<b>Diane Simmons</b>	<b>480-4919</b>	<b>diane@skykomishsoftware.com</b>
<b>Instruction</b>	<b>Guy Miller</b>	<b>294-7940</b>	<b>xcskiboy@aol.com</b>
<b>Membership</b>	<b>Gene &amp; Donna Lisotto</b>	<b>884-7331</b>	<b>Gene_Lisotto@msn.com donnalisotto@msn.com</b>
<b>Programs</b>	<b>Janie Gilmore-Daniels</b>	<b>259-0502</b>	<b>janiegil@aol.com</b>
<b>Mailing</b>	<b>Diane Owens</b>	<b>797-6982</b>	<b>saintsmastiff@yahoo.com</b>
<b>Refreshments</b>	<b>Carolyn Tisone Dawn Brummel</b>	<b>856-7126 821-9187</b>	<b>CarolynTisone@msn.com dawnsbulldog@msn.com</b>
<b>Trails</b>	<b>Sam Beard</b>	<b>828-0673</b>	<b>samgbeard@msn.com</b>
<b>Web Site &amp; Email Group</b>	<b>Lester Byington John Thomas</b>	<b>286-9100 298-5234</b>	<b>lester@byington.org jt87111@comcast.net</b>

New Mexico Cross Country Ski Club  
PO Box 8425  
Albuquerque, NM 87198-8425

  
**Come Ski With Us!**

[www.naturediscovery.org/nmccskiclub](http://www.naturediscovery.org/nmccskiclub)