

www.naturediscovery.org/nmccskiclub



BUS TRIPS

Louise must receive registrations by Nov. 6 by mail or in her hand by the end of the Nov. 8 meeting. The lottery, if required, will be held Nov. 9.

Trip Descriptions and forms are in this newsletter. The October newsletter summarized the trip policy and it can be seen in detail on the Web Page.

- *Frisco January 11-13*
- *Crested Butte January 31 – February 3*
- *Silverton February 15 - 18*

NOVEMBER PROGRAM

The speaker for the November meeting is Mr. James Newberry, the New Mexico Search and Rescue Resource Officer for the New Mexico State Police. All searches in the State of New Mexico are coordinated by the NM State Police. Mr. Newberry is responsible for the coordination of over 1700 Search and Rescue volunteers in the state. He has served in this capacity for the past 5½ years. Prior to his paid position, he was a Search and Rescue volunteer for 4½ years here in NM.

Mr. Newberry will give us an overview of the organizations involved in Search and Rescue as well as about some of the volunteer opportunities. He will cover the topic of how skiers should properly prepare for a back-country experience. He will also share some of his experiences participating in winter Search and Rescue missions.

From the President

The Board has voted to establish December 1, 2007, as the deadline for members to submit applications for scholarships to the Silverton Avalanche School or other similar programs. Last year the Club funded four \$200 scholarships to Silverton Avalanche School, but this year the approved budget makes up to \$1400 available. The Board also voted to permit the Scholarship Selection Committee (composed of Ray and Thea Berg, Guy Miller and Bill Heitz) to award scholarships for other qualified avalanche schools or other instructional programs related to winter wilderness safety, such as wilderness first aid. However, the Board also instructed the Selection Committee that if applications exceed the budgeted amount of \$1400 this year, preference is to be given to avalanche school applications.

Applications shall be e-mailed to the Selection Committee members before December 1. They should include the following information:

1. Why the applicant is seeking the scholarship.
2. Avalanche safety equipment owned by applicant.
3. Applicant's back country skiing experience.
4. Whether applicant has or intends to lead ski trips for the Club, and how applicant anticipates participating in Club Activities.

The Club's full policy on scholarships can be viewed on the Club web site. Scholarship money will be disbursed only when the selectee provides the Selection Committee with satisfactory evidence of course completion.

Further information about the Silverton Avalanche School can be found on the internet at silvertonavalancheschool.com. Level 1 courses will cost \$210, and will be offered on January 18-20 and January 25-27.

Wayne

HUT TRIP UPDATE

We have reserved Francie's Hut for our group for Friday, Jan 25, 2008, through Sunday, Jan 27. Francie's is located just outside of Breckenridge, and the trailhead is actually located at the Breck ski area. We will leave Albuquerque on Thursday, Jan 24 and return either on the 28th or 29th, depending on time and road condition factors.

This hut trip, considered suitable for qualified beginners, takes us to one of the beautiful Summit Huts Association facilities. Francie's, like its twin, Janet's, features more privacy in sleeping arrangements than at most other huts, but the most important features are its indoor self-composting toilets and outdoor sauna!

The cost of the trip is \$128 per person, which does NOT include transportation and lodging on the road. Due to cancellations, there are now two vacancies, although we are waiting on follow-up from two people on the waiting list who indicated a desire to go.

For further information, contact Guy Miller.

BEGINNER CROSS-COUNTRY SKI CLASS

Each year, our Club offers a class for beginning cross-country skiers. This once-a-year event is geared toward the absolute beginner, although those skiers with

minimal experience could also benefit. The class consists of a two hour classroom session, which will be held on Saturday, December 15, 2007. There is also an all day on-the-snow session which is tentatively set for Saturday, January 7, 2008.

The idea is for beginners to learn the fundamentals of skiing at the beginning of the season, so they can have the rest of the winter to practice their new skills. So, don't wait until mid-winter to start thinking about signing up, it'll be too late by then!!!

NOTE: As of press time, a snowy winter has yet to give hint of its presence. The on-the-snow session may have to be postponed if there is insufficient snow cover by early January. The Club cannot guarantee, in the event of rescheduling, that a rescheduled date will be to the satisfaction of all class members. We do the best we can. Refunds can be allowed for those participants who request them, in the event a rescheduled date is unworkable (no refunds for those who fail to show at the classroom session).

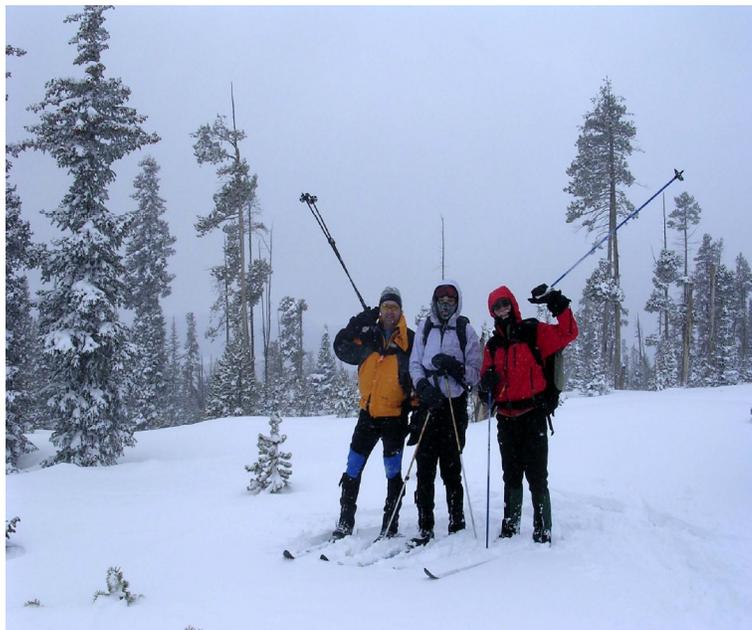
Sign up has already begun, and the class may fill soon. If you are interested, contact Guy Miller.

WINTER PARK -- MARCH 2007

by Robert & Phyllis Moore

Forty-five members of the NMCCSC enjoyed the Winter Park bus trip. We were thankful to get to Snow Mountain Ranch safely after the snowy, cold, and windy weather we encountered driving through Colorado Springs/Denver. The two large Reunion cabins where most of us stayed were excellent and the center for our social and meal times. Our very good meals were mostly pre-prepared by various participants, bused up from Albuquerque, and enjoyed by all. All participants had assigned jobs such as meal final prep, setup, clean up, salad prep, coffee making, etc. It was quite a logistics undertaking, but Louise and her committee did an excellent job.

The storm gave us a deep, fresh covering of snow that was good for skiing. But it also meant breaking trail and, at times, searching for the trail. On Thursday, we enjoyed skiing on a choice of 3 ski tours in the Frazer Experimental Forest in falling snow, cold temps, and windy conditions. Friday, again with more of the same weather, most skied at Snow Mountain Ranch including several doing the long steady climb up the Blue Ridge Road.



"The Conquerors of Blue Ridge" by Ray Berg

A few members enjoyed skiing the trails at Devil's Thumb Ranch. Saturday brought a warmer, calmer, sunny day with clear blue skies for our trip into Rocky Mountain National Park. This area was probably the highlight of the trip. Choices of 4 ski tours were enjoyed here including Tonahutu Creek to North Inlet Trail to Cascade Falls.



"Cascade Falls" by Ray Berg

Another ski tour was along the Colorado River Trail to the Lulu City site.



"The Ladies of Lulu City" by Robert Moore

Another group skied up the unplowed highway for some spectacular views.

Other activities included Dawn Brummel leading an evening shopping trip to the sale at the Snow Mountain Ranch Nordic Center. Also, several members took advantage of the full moon and beautiful clear sky to enjoy a memorable, cold, crisp moonlight ski on our last evening at Snow Mountain Ranch.



"Two moose on the Trail" by Ray Berg

Many thanks to Louise and her committee for organizing the trip and all the logistics associated with it!



Hole #3, Par 4 by Roger Moore



Telemark/Back Country boots,
Garmont Excursion, mans model, size
29.5 (about 10.5), used once, \$100.
Carl Smith (smithfoto@msn.com)

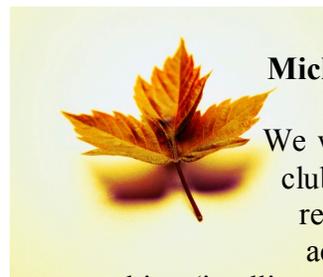
Book review of Appalachian Mountain Club Guide to Outdoor Leadership (2003 ed.) by Alex Kosseff, Reviewed by Wayne Kirkby

This 276 page book presents a comprehensive view of outdoor leadership principles from a long-standing hiking and mountaineering club. While it does not specifically address cross country skiing, most of its content applies to any outdoor group activity presenting inherent risks to participants. Some chapters are more applicable to group trips extending over several days. I found the chapters most applicable to the Club's ski trips to be Chapter 3 (Learning to Lead) and Chapter 11 (Expedition Behavior).

Chapter 3 stresses that the critical components of effective leadership are hard skills, soft skills and appropriate motivation. It states that the critical elements of developing trip leadership ability are training, mentoring, reading and experience. A mentor is defined as a person who gives a potential trip leader insight into shared experiences, points out additional learning opportunities and provides helpful hints.

Chapter 11 outlines in detail the elements of good and bad expedition behavior. Since this material applies to both leaders and followers, I am summarizing the elements of good expedition behavior below.

1. Self Awareness: Be aware of your own needs, physical and mental state, and the effect you have on the rest of the group.
2. Self-leadership: Take the initiative to address eating regularly, keep hydrated with pure liquids, prevent blisters using sunscreen, and keep your gear organized so you don't hold up the group. (Those having Sam Beard's book, see pages 8-10)
3. Selflessness: Ask not what the group can do for you; ask what you can do for the group.
4. Commitment: Adopt common goals benefiting all group members and insure that all group members meet them.
5. Tolerance: Accept all group members for who they are and work not to take offense easily.
6. Consideration: Be polite and avoid testing the tolerance of others.
7. Trust: Be relatively confident that others will successfully fulfill any specific roles they are given and that they will practice good expedition behavior.
8. Communication: Always consider what information you have and what would be useful to others.
9. Humility: Approach all situations and individuals knowing you may still be able to learn.
10. Sense of Humor: Have fun and be playful, but use caution in poking fun at individuals.



Michon Johnson

We will miss a member of our club. But we will all remember Michon as an active, vibrant leader and skier (intelligent, independent, sometimes stubborn!). Only two years ago, Michon led the ski club on its first Yellowstone trip in many years. Her influence on the club will be a lasting one.



Frisco

The bus will stop around 5:30pm Friday in Alamosa, Colorado for a pre-arranged buffet style banquet dinner at the Taqueria Cavillo Restaurant. We will be staying at the Cross Creek Condominiums in Frisco. We have reserved (6) 2 bedroom condos with 2 baths, (4) three bedroom condos with 2½ baths, and (1) four bedroom condo. The condominium complex has a community room we will utilize on Saturday and Sunday nights for our après ski parties. The condominium complex has two hot tubs and an indoor pool. All the condos have full kitchens so you can bring food for any meals not planned by the club. Cost of the trip will be **\$280 per person**.

Cross Creek Condominiums are located only a few blocks from Main Street where most of the restaurants in Frisco are located. It is a couple of blocks from the Summit County Shuttle stop. The Shuttle is free and runs all day and night taking skiers to all the surrounding downhill ski areas and three Nordic Centers. There are also many back-country ski options from Frisco. The bus will make a fast food stop on our way home in Espanola.

Please complete the registration form and mail it to Louise Broadbent, 367 Horseshoe Loop, Jemez Springs, NM 87025. Your registration form and deposit check must be received no later than November 6th by mail or you can bring your registration to the club meeting on November 8th. The drawing for slots on the ski trips will take place on Friday November 9th. Questions – send them to louise@valornet.com.

Deposit \$180 due with this application. Balance \$100 due December 11, 2007

Cut along line and submit forms for each trip separately.

Frisco Colorado - Friday January 11, 2 PM returning Monday January 14, 9 PM Cost \$280 per person

Your trip includes Friday dinner in Alamosa, Saturday pizza dinner, bus transportation, and three nights lodging.

The rooms are condos with full kitchens for breakfasts and other meals. You may prepare food in the rooms and can get together with other condos for your meals.

Name _____ Home Ph# _____ Cell Ph# _____

Email address _____ Emergency contact and ph# _____

Ski Ability: Beginner ____, Class One ____, Class Two ____, Class Three ____

Would you be willing to lead a ski trip in **Frisco**? Yes ____, No ____, Maybe ____

Roommate Name _____ Home Ph# _____ Cell Ph# _____

Email address _____ Emergency contact and ph# _____

Roommate Ski Ability: Beginner ____, Class One ____, Class Two ____, Class Three ____

Would you be willing to lead a ski trip in **Frisco**? Yes ____, No ____, Maybe ____

Please send the completed form with the deposit to

- **Louise Broadbent at 367 Horseshoe Loop, Jemez Spring, NM 87025. (Louise needs to have the form in hand by November 6, 2007.)**
- **Alternatively, you may bring the form and deposit to the October or November Club meeting.**

Crested Butte.

We will have a dinner stop at Taqueria Calvillo restaurant in Alamosa, Colorado around 5:30pm on Friday night. We will be staying at the Old Town Inn where we will have all double rooms. The club will supply an enhanced continental breakfast each morning in the hotel lobby. We will have information boards available at the Breakfast. The Nordic Center is an easy walk from the hotel and there is a shuttle to the alpine ski area as well. The cost for this trip will be **\$240 per person** and includes Friday night dinner, three breakfasts. The bus will make a fast food stop on our way home in Espanola. Please complete the registration form and mail it to Louise Broadbent, 367 Horseshoe Loop, Jemez Springs, NM 87025. Your registration form must be received no later than November 6th by mail or you can bring your registration to the club meeting on November 8th. The drawing for slots on the ski trips will take place on Friday, November 9th. Questions – send them to louise@valornet.com.

Deposit \$140 due with this application. Balance \$100 due December 11, 2007

Cut along line and submit forms for each trip separately.

Crested Butte Colorado- Thursday January 31, 2 PM returning Sunday February 3, 9 PM
Cost \$240 per person

Your trip includes Thursday dinner in Alamosa, continental breakfasts at the hotel, transportation, and three nights lodging.

Name _____ Home Ph# _____ Cell Ph# _____

Email address _____ Emergency contact and ph# _____

Ski Ability: Beginner ____, Class One ____, Class Two ____, Class Three ____

Would you be willing to lead a ski trip in **Crested Butte**? Yes ____, No ____, Maybe ____

I am interested in **Friday dinner** at Marchitelli's ____, The Bacchanale ____, Timberline ____, None ____

I am interested in **Saturday dinner** at Marchitelli's ____, The Bacchanale ____, Timberline ____, None ____

Roommate Name _____ Home Ph# _____ Cell Ph# _____

Email address _____ Emergency contact and ph# _____

Roommate Ski Ability: Beginner ____, Class One ____, Class Two ____, Class Three ____

Would you be willing to lead a ski trip in **Crested Butte**? Yes ____, No ____, Maybe ____

I am interested in **Friday dinner** at Marchitelli's ____, The Bacchanale ____, Timberline ____, None ____

I am interested in **Saturday dinner** at Marchitelli's ____, The Bacchanale ____, Timberline ____, None ____

Please send the completed form with the deposit to

- **Louise Broadbent at 367 Horseshoe Loop, Jemez Spring, NM 87025. (Louise needs to have the form in hand by November 6, 2007.)**
- **Alternatively, you may bring the form and deposit to the October or November Club meeting.**

Silverton

The Silverton trip provides a great skiing experience for the bargain price of **\$210 per person**. The club will be staying at the Grand Imperial Victorian Hotel. The hotel is a historic building in every sense, from the original grand saloon to the historic plumbing. The hotel has a hot tub and we will do some creative scheduling to assure everyone gets a shower. Some of the singles on this trip will not be sharing a room. Everyone will have a private entrance to their bathroom. We have arranged for a late check-out of 2:00pm for the entire group. We will depart Silverton at 2:30pm. There will be a very short stop in Cuba on the way home.

There will be no planned dinner stop on the way to Silverton on Thursday evening. You should eat in advance or bring your dinner on the bus with you. The dining options in Silverton are limited and the shopping is nearly non-existent. The trip includes full breakfast buffet every morning and a group dinner on Sunday evening. **Please select your entrée on your registration form.**

The trip will be three full days of skiing. The Silverton area has a fair amount of avalanche activity and people should use caution before going on trails. There are some beginner ski trails right from the hotel in safe areas. Silverton is at 9300 ft. elevation and has snow in town most years. If there is not ample snow in the town of Silverton, the options for Beginner and Class I skiers will be somewhat limited on this trip. If the snow level is below 9000 feet, there will be lots of ski options for all levels of skiers. There are several options to ski from town. One is a Nordic trail that circles the town. Kendall Mountain, the municipal downhill ski area has a small warming hut that is utilized by the Nordic skiers as well as the skating rink. There is another beginner level cross country ski trail that can be accessed from the Visitor Center about 8 blocks from the hotel. The local snowmobile club grooms 125 miles of multi-use trails. A tentative ski option will be to Molas Pass and on to the Durango Mountain ski area and Nordic Center.

Please complete the registration form and mail it to Louise Broadbent, 367 Horseshoe Loop, Jemez Springs, NM 87025. Your registration form and deposit check must be received no later than Nov. 6th by mail or you can bring your registration to the club meeting on Nov. 8th. The drawing for slots on the ski trips will take place on Friday Nov. 9th. Questions – louise@valonet.com.

Deposit \$110 due with this application. Balance \$100 due December 11, 2007

Cut along line and submit forms for each trip separately.

Silverton Colorado - Friday February 15, 5 PM returning Monday February 18, 9 PM

Cost \$210 per person

Your trip includes three breakfast buffets and Saturday dinner at the hotel, transportation and three nights lodging.

Name _____ Home Ph# _____ Cell Ph# _____

Email address _____ Emergency contact and ph# _____

Ski Ability: Beginner ____, Class One ____, Class Two ____, Class Three ____

Would you be willing to lead a ski trip in **Silverton**? Yes ____, No ____, Maybe ____

For Saturday dinner I am interested in: Pickle Barrel ____, Grand Imperial Hotel ____, Neither ____

Sunday Dinner choice: Salmon ____, Ribs ____, Chicken ____

Roommate Name _____ Home Ph# _____ Cell Ph# _____

Email address _____ Emergency contact and ph# _____

Roommate Ski Ability: Beginner ____, Class One ____, Class Two ____, Class Three ____

Would you be willing to lead a ski trip in **Silverton**? Yes ____, No ____, Maybe ____

For Saturday dinner I am interested in: Pickle Barrel ____, Grand Imperial Hotel ____, Neither ____

Sunday Dinner choice: Salmon ____, Ribs ____, Chicken ____

Please send the completed form with the deposit to

- **Louise Broadbent at 367 Horseshoe Loop, Jemez Spring, NM 87025. (Louise needs to have the form in hand by November 6, 2007.)**
- **Alternatively, you may bring the form and deposit to the October or November Club meeting.**

New Mexico Cross Country Ski Club Membership Form

Send membership form and dues to:
 N M Cross Country Ski Club
 P.O. Box 8425
 Albuquerque, NM 87198-8425

Dues are \$15.00 per year effective from October through November of the following year, covering all members living at the same address. For renewal, dues must be paid by the November meeting to receive the newsletter continuously.

Year 20____-20____ If new, how did you hear about the club?
 Renewal **07** New **08** Web site _____ Current member _____
 Any changes (email, phone, address, ...)?? Yellow pages _____ Newspaper _____
 No _____ Yes _____ Other _____

Cell/other Phone: _____
 Work Phone: _____
 Home Phone: _____

First Name _____ Last Name _____
 Address _____ City _____ State _____ Zip + 4 (please) _____

E-mail addresses (up to 3) _____

Additional ADULT names (include children 18 & older):
 First & Last Name _____ First & Last Name _____

Additional family member names under 18 and ages: _____

The membership list will be printed in a newsletter and will appear in the members-only (password protected) section of the Web site. Please indicate if you want to be included in this:
 Yes _____ No _____ Yes, but omit my address _____ Yes, but omit my phone number _____ Yes, but omit my email address _____

★ I will download my newsletter from the Web site rather than having it mailed. _____ (This saves the Club money.)

RELEASE OF LIABILITY:

I know and expressly assume the risk that a cross country skiing activity scheduled by the New Mexico Cross Country Ski Club, a New Mexico nonprofit corporation, may be dangerous or hazardous, and may result in loss or damage of property, physical injury, or even my death. I understand that neither the trip leader nor any trip participants are required to have any training or to have any experience or expertise with respect to any activity or in any aspect of safety or first aid.
 With full knowledge of these dangers, I RELEASE the New Mexico Cross Country Ski Club and its officers, directors, members, vehicle drivers, leaders, trip participants, guides, representatives, employees, or agents (collectively, The "NMCC Ski Club") from liability, claims, or demands and agree NOT TO SUE OR OTHERWISE MAKE ANY CLAIM against the NMCC Ski Club that may arise during my participation in any activity.
 This RELEASE OF LIABILITY will be effective whether or not any loss, damage, injury, or death RESULTS FROM THE NEGLIGENCE of the NMCC Ski Club. I understand that negligence means a failure to do an act which a reasonably careful person would do, or the doing of an act which a reasonably careful person would not do, under the same or similar circumstances, to protect himself, herself, or others from injury or death. I expressly assume the risk of loss, injury, or death suffered by me as a result of participating in any activity. I am voluntarily participating in the activity. I am solely responsible for my own equipment, safety, first aid needs, and medical needs. I will take every precaution to provide for my own safety and well-being while participating in any activity.
 This release is binding on me, my heirs, and my personal representatives. I HAVE READ THIS RELEASE BEFORE SIGNING IT.

Signature _____ Date _____ Signature _____ Date _____
 Signature _____ Date _____ Signature _____ Date _____

IF UNDER 18 YEARS OF AGE, PARENT OR GUARDIAN MUST READ AND SIGN BELOW:

I am the legal guardian of the above minor and have read the above RELEASE. I hereby consent to the terms of the RELEASE on behalf of the named minor(s) and give my consent to the participation of the above named minor(s) in all activities of the NMCC Ski Club on the terms stated.

Signature _____ Date _____
 (Parent or Legal Guardian)

The NMCC Ski Club operates by the volunteer efforts of all of its members, so we appreciate and need help with programs, committees and outings. Please indicate the activities in which you may be willing to participate. This is an indication of interest, not a commitment!

Day Trip Leader _____ Refreshments _____ Trail Maintenance & Development _____ Club Officer/Board Member _____
 Program Presentation & Subject _____ Other _____
 _____ Date Dues Received _____ Paid in Cash _____ Paid by Check _____ Check Number _____

2007/08 Officers and Board

President	Wayne Kirkby	898-1654	ski1071607@aol.com
Vice President	Mike Martin	286-8762	Pahasapapapa@aol.com
Secretary	Karen Leach	281-9836	KarenLeach7@msn.com
Treasurer	Jim Iden	265-5021	jiden@unm.edu
Day Trips	Bill Heitz	898-3573	bill.heitz@att.net
Long Bus Trips	Ray & Thea Berg	294-4112	rsberg01@comcast.net
Overnight Car/Hut Trips	Guy Miller	294-7940	xcskiboy@aol.com
Newsletter	Diane Simmons	480-4919	diane@skykomishsoftware.com
Instruction	Guy Miller	294-7940	xcskiboy@aolcom
Membership	Gene Lisotto	884-7331	Gene_Lisotto@msn.com
Programs	Louise Broadbent	505-829-3840	louise@valornet.com
Mailing	Dawn Brummel	821-9187	dawnsbulldog@msn.com
Refreshments	Sara Friedrich Angela Welford	269-0870 281-1198	saradell@q.com jndaughter@earthlink.net
Trails	Sam Beard	828-0673	samgbeard@msn.com
Web Site	Lester Byington	286-9100	lester@byington.org
Email Group	John Thomas	298-5234	jt87111@comcast.net

New Mexico Cross Country Ski Club
 PO Box 8425
 Albuquerque, NM 87198-8425



Come Ski With Us!

www.naturediscovery.org/nmccskiclub