

New Mexico Cross Country Ski Club

Leadership Reference Books

First Aid

- A. **Wilderness First Aid**, by the National Outdoor Leadership School.
- B. **First Aid- A Pocket Guide**, by Christopher Van Tilburg, 2001, MD, Mountaineer's Book.
- C. **First Aid Textbook**, by the American National Red Cross, Doubleday and Company, Inc.
- D. **Medicine for Mountaineering**, edited by J. A. Wilkerson, M.D., published by The Mountaineers, Seattle, WA.

Map Reading and Ski Routes

- A. **Mountaineering: Freedom of the Hills**, by The Mountaineers, Seattle, WA.
- B. **Ski Touring in Northern New Mexico**, *Second Edition*, Sam Beard, 374 Juniper Hill Road, NE, Albuquerque, N.M., 87122-1404, 98 pages, 1988.
- C. *Be Expert with Map and Compass*, by Bjorn Kellstrom, Chas Scribner's Sons.
- D. *18 Ski Touring Trails Around Taos*, Red River and Angel Fire including Wheeler Peak Wilderness, Brian Shields and Richard Erickson; Taos Mountain Outfitters, P. O. Box 1862, Taos, N.M., 18571; 24 pages, 1978.
- E. *Central Colorado Ski Tours*, Tom and Sanse Sudduth; Pruett Publishing, 3235 Prairie Ave., Boulder, CO, 80301, 140 pages. Covers 58 tours in the area, 1977.
- F. *Colorado Front Range Tours*, Tom and Sanse Sudduth; Touchstone Press, P. O. Box 81, Beaverton, ORE, 97005; 128 pages. Ski Tours near Denver and Boulder, 1975.
- G. *Northern Colorado Ski Tours*, Tom and Sanse Sudduth; Touchstone Press, P. O.-Box 81, Beaverton, ORE, 97005, 141 pages. Covers 65 tours in the area, 1976.
- H. *Yellowstone Ski Tours*, John F. Barber, The Rocky Mountain Trading Company, P. O. Box 512, Yellowstone National Park, WYO, 82190, 80 pages, 1979.
- I. *Cross Country Ski Trails in the Rockies*, John Williams; Contemporary Books, Inc., 180 North Michigan Ave., Chicago, ILL, 60601; 140 pages. (Colorado, Utah, New Mexico, Colorado), 1978.

Weather Forecasting, Snow and Avalanche

- A. *Mountaineering: Freedom of the Hills*, by-the Mountaineers, Seattle, WA.
- B. *The Avalanche Handbook*, David McClung and Peter Schaefer, The Mountaineers Books, 2006.
- C. *Backcountry Skier*, by Jean Vives, Human Kinetics, 1999.
- D. *Snow Sense - A Guide for Evaluating Avalanche Hazard*, by Jill Fredston and Doug Fester, Alaska Mountain Safety Center, 1999.
- E. *Wilderness Skiing*, L. Tejada - Flores and A. Steck, Sierra Club totebook.
- F. *The ABC of Avalanche Safety*, E.R. LaChappelle, Highlander Publishing Co., 1970.
- G. *Snow Avalanches*, US Department of Agriculture, Handbook #194.

GPS Navigation

- A. *GPS Land Navigation*, Michael Ferguson, Glassford Publishing, Boise, ID, 1998.

Cross-Country Ski Guidebooks

- A. *The New Cross Country Ski Book*, John Caldwell, The Stephen Greene Press, Brattleboro, Vermont.
- B. *Cross Country Skiing - Building Skills for Fun and Fitness*, by Steve Hindman.
- C. *Backcountry Skiing: Skills for Ski Touring and Ski Mountaineering*; Martin Volken, Scott Schell and Margaret Wheeler; The Mountaineers Books, 2007.
- D. *Dawson's Guide to Colorado Backcountry Skiing*, Volume 1, Louis Dawson, 260 pages, covers great backcountry descents and routes, 2005.
- E. *Cross Country Skiing*, by Ned Gillette, The Mountaineers, 1979.
- F. *Nordic Touring and Cross Country Skiing*, Michael Brady, Dreyers Forlag, Oslo, Norway.
- G. *Cross-Country Downhill*, by Steve Barnett, Pacific Search Press, Seattle, WA, 1978.

Outdoor Leadership

- A. *AMC Guide to Outdoor Leadership: Trip Planning, Risk Management, Group Dynamics, Decision Making*, by Alex Kosseff, published by Appalachian Mountain Club Books, Boston, Massachusetts, ISBN 1-929173-21-0, 2003.
- B. *Outdoor Leadership; Technique, Common Sense and Self-Confidence* by John Graham, published by The Mountaineers, Seattle, WA, ISBN 0-89886-502-6, 2004.
- C. *The Backpacker's Field Manual (especially chapter 10)*, by Rick Curtis, Princeton University.