



Programs

Summarizing the October program. Climatologists are leaning toward a winter season of average to slightly above average precipitation, and slightly above temperatures.

The November program will be a presentation from Peter Heald on global warming. He is the co-chair of the New Mexico chapter of Climate Reality, an international organization whose mission is to engage leaders and citizens to take urgent action to cut greenhouse gas emissions and speed the global shift to renewables.

July 2019 was the warmest month on record. Nine of the ten hottest years on record have occurred since 2000. The facts are clear that climate change is no longer something that will happen in the future, it is here, it is happening now. What does it mean for us? And what are we going to do about it? Running and hiding isn't an option, so let's talk about what we can do on personal, community, regional and global levels. We'll discuss specific climate related issues that face us here in New Mexico as well as problems that all of humanity will face. Presentation will focus on a range of solutions, as well as enough information to enable and motivate you in to acting on them!

Membership Renewal for 2019/2020

Thank you to the members who have renewed their membership and paid their dues using PayPal.

If you haven't paid yet, please act now in order to continue to participate in all our activities (bus trips, hut/yurt trips, day trips, etc.), to receive our newsletters as well as snow reports, day trip announcements, etc.

Please renew your membership using PayPal. It's easy; you just need a credit card. To do so, go to the following URL: <https://www.nmccscmembership.org> . If you don't have a PayPal account, you can sign in as a "guest".

Individual Membership: \$20 (newsletter is emailed)

Membership for Individuals under 40 years old (1 st year only): \$1

Individual Membership w/paper newsletter: \$30

Yellowstone is Calling

This trip is planned somewhat like Silveton New Year's Trips in prior years. The plan is fly into Bozeman Jan 28th or 29th then use a Frosty Fun package for lodging. Details of this trip, to see Yellowstone during the quite season is in the October newsletter.

Yurt Trips

Spruce Hole yurt trips, January 24-25, February 28-March 1, and March 1-3 are full and wait listed. Contact Scot Mitchell if you would like to join the January trip. Contact Dana Price if you would like to join the February 28-March 1, or March 1-3 yurt trip wait lists. dana_price@gmx.com

Trujillo Meadows and Flat Mountain yurt combination, February 15 & 16, has room for one more participant. Details of this trip (reprinted from October Newsletter), shown below. Contact Scot Mitchell if you want to join this trip. samitch@comcast.net

Saturday-Monday President's Day weekend. Saturday and Sunday night, Feb 15 & 16, two yurts, Trujillo Meadows and Flat Mountain yurts run by the SW Nordic Center. 4 miles in, 500' up to Trujillo Meadows, 1000' up to Flat Mountain. We will start at the same trailhead/parking lot and split into two groups as the yurts are 4 miles apart, and people have the option of staying at one of the yurts both nights, or taking the beautiful trail between them and swapping with someone from the other camp for the second night. These yurts are smaller than Spruce Hole and accommodate 4 people each: 8 people total for the trip.

<https://southwestnordiccenter.com/yurts/flat-mountain-yurt/>

<https://southwestnordiccenter.com/yurts/trujillo-meadows-yurt/>

Approximate lodging cost is \$65/person. Transport and shared food is additional. All yurts are near Cumbres pass, an area known for its reliable deep snow.

Winter Driving

Inevitably cross country skiers will encounter winter driving sooner or later. Some tips to help with winter driving.

- a) Good snow tires for all 4 wheels.
- b) Gentle acceleration (linear and radial).
- c) On a snow/ice driving surface, a warmer surface provides less traction. Watch those shade \leftrightarrow sun transitions.
- d) Turn off the cruise control.
- e) An easy way to add extra weight to the rear axle, fill the gas tank.

<https://www.lesschwab.com/article/winter-driving-tips-how-to-drive-in-snow.html>

<https://www.atmos.washington.edu/~cliff/Roadway2.htm>

Helpful hints with NMCCSCeGroup email

The email server has a list of all members email addresses from those who submitted an email address on their membership form. This is how the server determines if emails are legitimate.

- 1) If you use an alternative email to send to NMCCSCeGroup, the server will refuse to send the email on to all as the 'from' email address is not in its list of 'members'. You MUST use the email that you provided on the membership form.
- 2) Please refrain from putting 'NMCCSCeGroup' in the 'cc' list when using the NMCCSCeGroup. The server gets confused and refuses to send your message due to 'too many recipients'.
- 3) The server will not send an email to the group if you are using your cell phone as the sender because your phone number is not in the member email list and therefore cannot generate a legitimate email.
- 4) Use the unsubscribe link at the bottom of the email to remove yourself from the email list. Once removed, you'll not get anymore NMCCSC email. No snow conditions, no newsletter, no meeting notification, nothing.
- 5) If you want to rejoin the email list or you are changing your email address, send an email to 'egroup@nmccskiclub.org' with your email address and full name. Your membership will be verified and you will be reinstalled in the Server List.

Downed Timber

The severe wind event last spring, was the result of the lowest barometric pressure ever recorded in Colorado (970.4 millibars at Lamar on March 13). The barometric pressure was similar to the eye of a category 2 hurricane, a rare event for the interior of a continent. The widespread strong winds knocked down far more timber (live and dead) across skiing and hiking trails than ever witnessed by long term residents. Somehow, volunteers found extra energy this year to clear out many of these obstacles in the Jemez and Sandias. Please say thank you to these volunteers, and let them have first place in the refreshment line.

INSTRUCTION

Beginning Cross Country Skiing:

Are you ready to learn about Cross Country skiing basics? It does not matter if you are brand new to the sport, haven't been on skis in years, or just have a friend you would like to introduce cross country skiing to. Come join us for Beginning Cross Country Skiing. The indoor session will be conducted the evening of Wednesday December 11 6:00-7:30 PM at the Lomas and Tramway Library (908 Eastridge NE 87123). The outdoor session on Sandia Mountain is scheduled after the New Year's holiday, with an eye on the snow conditions.

Outdoor lessons are free, but one must be a ski club member to attend. Outdoor lessons focus on learning balance and control, kick and glide technique, side step and kick turns. Participants also practice herringbone steps up hill, and the snowplow.

More Information found at: <http://nmccskiclub.org/instruction/beginner-instruction>

Questions: contact our Instruction chairman - Instruction@NMCCSkiClub.org

Other Cross Country Ski Instruction:

There are other ski instruction or practice options that can set up this ski season depending on interest:

1) Intermediate XC ski instruction,

A practice session at the beginner hill of Sandia Peak Ski Area to sharpen intermediate skill set. (Please see focus areas for improvement on ski club website, under ski instruction, intermediate skills.)

2) Telemark Instruction,

Telemark tips for beginner, intermediate or advanced skiing can be offered at one of the NM northern or Southern CO Ski areas depending on snow conditions. (Telemark equipment for downhill ski areas preferred. You need to own/borrow equipment, rent at KAFB, NM or rent in CO.) Also in Dec a list of which ski areas and dates that will be offering Telemark equipment demos and clinics will be available.

3) Avalanche Beacon Practice,

A December practice session in Sandia Mountains or Cibola National Forest picnic areas nearby.

(Bring beacon, fresh batteries, avalanche probes and shovel to the practice.)

This is not an avalanche class.

4) Avalanche class,

If you are looking for an avalanche class, sign up for an AIARE (American Institute of Avalanche Research & Education), Silverton Avalanche School, or other course online. Only certified instructors teach avalanche assessment and safety classes. A level 1 class consists of 24 hours of instruction, only a small portion of which is beacon search methods.

Signing up for Other Cross Country Ski instruction:

At the November Ski meeting, 11/14, there will be sign-up sheets available to express which skiing skills you are interested in having instruction be available and interest in attending. If you are unable to provide the information at the Nov ski meeting please send me an e-mail with the skill set you would like instruction to be available on.

The December Newsletter will list what other Cross Country ski instruction/practice will be available this ski season. It will be focused on the areas that I get the most interest on and instructors to sign up to assist.

Questions and feedback: contact our Instruction chairman at - Instruction@NMCCSkiClub.org

Snowshoeing:

Snowshoeing basics at REI on November 11, 6:00PM – 7:30PM and December 9, 6:00PM – 7:30PM. You can reserve a spot online via RIE Albuquerque web page.

Trip to Janet's Cabin



Our hut trip offering this year is a dandy! We're going to one of our favorites, Janet's Cabin, located near Breckenridge at 11,600 feet. This classic, Euro style cabin, which is the twin of nearby Francie's Cabin, features a wood-fired outdoor sauna, and indoor self-composting toilets. No going outside in the middle of the night! This is a "stretch" hut, with lots of room in the common areas for those who need their space! There are Nordic touring as well as turning opportunities from the hut.

This intermediate level trip involves a 4.6 mile ski in, and an elevation gain of just under 2000 feet. Skiers have the option of taking a free chair lift which is a fun way to cut a couple of hundred vertical feet off of the trip in.

Trip dates are January 20, 2020 to January 25. This includes an extra day to get home, if necessary, after skiing out of the hut. The cost is \$200, which includes group dinners at the hut.

As of press time we have 4 vacancies remaining. My contact info is on the website. Please let me hear from you if you want to go on this trip, or if you are interested in hut trips in general.

I expect this trip to be full before our December meeting.

Guy Miller

Bus Trips for 2020

You can still sign up for the two bus trips to Colorado, organized by the club. Both locations (Crested Butte & Pagosa Springs) will have ample skiing opportunities for all levels of skiers and are fun places to stay. Beginning skiers, be sure to register for the Club's beginner's class, as this will ultimately make a bus trip more enjoyable.

Crested Butte, Colorado, January 10 - 13 for \$330 per person.

Pagosa Springs, Colorado, February 21 -24 for \$330 per person.

The Bus Trip Registration forms are included as separate attachments with this newsletter. You can sign up for both or either of the trips at the November meeting (Thursday the 14th). Keep in mind that if trips are oversubscribed, we will hold a lottery for seats on the bus (~50 per trip), but your chances of getting on the trips is very good. Put the trip dates on your calendar and make plans to go, because members tend to drop as the date nears.

Direct any questions to the bus trip chairman Bob (hvac87108356@yahoo.com) or David (lbghose@aol.com). We hope you will join us for this fun bus trip season with lots of skiing opportunities!

Afore mentioned bus trip guidelines can be found at <http://nmccskiclub.org/ski-outings/bus-trips/>

Chama Chile Ski Classic

The Chama Chile Ski Classic Ski is always fun as it draws enthusiasts from all over the region. The ski classic is set for Saturday & Sunday January 18 & 19. All sorts of activities are scheduled for the ski classic, for all of the details please visit <http://skichama.com>

Calendar of Events 2019-2020

Thursday	November 14 7:00 – 9:00PM	General Meeting at Garden Club
Wednesday	December 11 6:00 – 7:30PM	Classroom session- Beginning Cross Country Skiing: Library at Tramway & Lomas
Thursday	December 12 7:00 – 9:00PM	General Meeting at Garden Club
Thursday	January 9 7:00 – 9:00PM	General Meeting at Garden Club
Weekend (1 day)	January TBD	Field Instruction - Beginning Cross Country Skiing Sandia Mountains
Friday-Monday	January 10- January 13	Bus Trip: Crested Butte, Colorado
Monday - Saturday	January 20 – January 25	Hut Trip: Janet's Cabin
Friday - Sunday	January 24 - January 26	Yurt Trip: Spruce Hole
Weekend	January or February	Beginner friendly overnight trip (compliments beginning ski lessons)
Thursday	February 13 7:00 – 9:00 PM	General Meeting at Garden Club
Saturday - Monday	February 15 – February 17	Yurt Trip, Trujillo Meadows and Flat Mountain
Friday-Monday	February 21 – February 24	Bus Trip: Pagosa Springs, Colorado
Thursday	March 12 7:00 – 9:00 PM	General Meeting at Garden Club

Board Members 2019-2020

President	Bill Heitz	259-8745	President@nmccskiclub.org
Vice President	Peter Marks	856-8237	VicePresident@nmccskiclub.org
Secretary	Nancy Jenkins	269-0855	Secretary@nmccskiclub.org
Treasurer	Max Shepherd	270-5258	Treasurer@nmccskiclub.org
Day Trips	Guy Miller	306-2628	DayTrips@nmccskiclub.org
Long Bus Trips	Bob Potter David D'Antonio	232-2486 553-2795	BusTrips@nmccskiclub.org
Hut Trips	Guy Miller	306-2628	HutTrips@nmccskiclub.org
Car Trips	Scott Mitchell	977-8893	CarTrips@nmccskiclub.org
Newsletter	Dean Athrow	275-1097	Newsletter@nmccskiclub.org
Instruction	Ruth Bargman-Romero	980-2703	Instruction@nmccskiclub.org
Membership	Catherine Waters	218-6936	Membership@nmccskiclub.org
Meetup & Social Media	Bet Gendron	228-8025	SocialMedia@nmccskiclub.org
Programs	Bob Guarnieri	331-8381	Programs@nmccskiclub.org
Mailing/Egroup	Marilynn Szydlowski	332-8018	egroup@nmccskiclub.org
Refreshments	Teri Sheldahl	980-3241	Refreshments@nmccskiclub.org
Trails	Sam Beard	828-0673	Trails@nmccskiclub.org
Web Site	Eric Russell	281-1289	Website@nmccskiclub.org
Finding Us			
Web Page	http://nmccskiclub.org		
FaceBook	https://www.facebook.com/groups/1663936723893594		
Mail	New Mexico Cross Country Ski Club PO Box 51563 Albuquerque, NM 87181		

Ratings

Class	Vertical Climb (ft)	Distance (miles)
One	Less than 1000	Less than 5
Two	Less than 2000	Less than 5
Three	Greater than 2000	Greater than 10
Four	Unpatrolled, mountainous terrain, with the purpose of downhill skiing. Slopes can be greater than 25 degrees. Knowledge of use of climbing skins, avalanche gear needed.	
Steepness of slopes, skill level, and stamina can also dictate the ski tour rating. Please see the webpage for more information. http://nmccskiclub.org/ski-outings/		

Avalanche Outlook

US	https://avalanche.org/
Canada	https://www.avalanche.ca/map
Taos	http://taosavalanchecenter.org
Crested Butte	http://cbavalanchecenter.org/
Some of the sites from https://avalanche.org	
Colorado	http://avalanche.state.co.us/
Utah	https://utahavalanchecenter.org
Tetons	http://jhalanche.org
Yellowstone	https://www.mtavalanche.com
Sawtooths	https://www.sawtoothavalanche.com
Central Sierra	https://www.sierraavalanchecenter.org
Eastern Sierra	http://www.esavalanche.org

New Mexico Cross Country Ski Club
PO Box 51563
Albuquerque, NM 87181